

# TENNESSEE DENTAL WELLNESS FOUNDATION 2021 DR. MAC RETREAT

This Year's Theme:  
**"Burn the Ships"**

Friday and Saturday,  
October 8th & 9th  
Embassy Suites Hotel  
Murfreesboro, Tennessee



*Our retreat is approved  
for 6 hours of continuing  
education including  
Substance Use Disorder /  
Prescription Writing*

## 2021 Dr. Mac Tennessee Dental Wellness Foundation (TDWF) Retreat October 8 & 9

This retreat is exclusively for dental professionals and their spouse/guest. It will revolve around a theme of family and substance use disorder.

You will have an opportunity to meet dental professionals from around the state, as well as Directors of our TDWF Board.

**NOTICE: All individuals under contract with the TDWF are required to attend.**

Message Heather on your app or email Heather, assistant to the Executive Director with the TDWF, with any questions at [heather@tndentalwellness.com](mailto:heather@tndentalwellness.com).

### PROGRAM

#### Friday, October 8, 2021

4:00 - 4:30 **Registration**

4:30 - 5:15 **Dr. David Sain**  
*Welcome and Theme "Burn the Ships"*

5:15 - 6:30 **Dr. Juris Shibayama**  
*My Story: Why AA and What Has It Done for Me?*

6:30 - 7:30 **Dinner** (Included)  
*Five year token celebration & book signing*

7:30 - 8:45 **Dr. Bret Orr**  
*My Story*

8:45 - 9:00 **Dr. David Sain**  
*Closing and Tomorrow's Agenda*

### PROGRAM

#### Saturday, October 9, 2021

6:30 - 7:30 **Joe Upton**  
*AA Meeting*

7:30 - 8:00 **Breakfast**  
*(Included with hotel stay)*

8:00 - 8:15 **Dr. David Sain**  
*Welcome and Today's Agenda*

8:15 - 9:30 **Dr. Stephen Loyd**  
*"Addiction is a Brain Disease"*

9:30 - 9:45 **Break**

9:45 - 11:00 **Dr. Brian Fingerson**  
*"Compliance verses Recovery"*

11:00 - 12:15 **Mr. Phil Herndon**  
*"Emotional Brain Drain and Getting Sanity Back"*

12:15 - 1:30 **Lunch**  
*Discussion of Volunteer Contracts*

1:30 - 2:45 **Dr. Dale Kennedy**  
*"Using AA Principles in Managing a Dental Office"*

2:45 - 3:00 **Break**

3:00 - 4:15 **Dr. Brent Boyett**  
*"Dealing with Pain in Recovery"*

4:15 - 4:30 **"Burn the Ships",  
pick up CE slips and dismiss**

**Dr. Stephen Loyd** currently serves as Medical Director of JourneyPure's services in Middle Tennessee, including four outpatient clinics and its residential facility JourneyPure At The River. His extensive background includes serving as Medical Director and Assistant Commissioner for Substance Abuse Services with the Tennessee Department of Mental Health and Substance Abuse Services. Dr. Loyd was appointed to Tennessee Governor Bill Haslam's Opioid Workgroup and Public Safety Sub-cabinet. He is currently serving on the Tennessee Board of Medical Examiners. Dr. Loyd has been in long-term recovery from opioids and benzodiazepines since July 9, 2004.



**Dr. Brian Fingerson** is the President of KYPRN, a company formed to educate health care professionals about the disease of chemical dependency, and to monitor the recovery of Kentucky licensed professionals with addictions. KYPRN administers the recovery programs for eleven licensing Boards in Kentucky. He has worked in this field since 1986. He is Adjunct Assistant Professor at the University of Kentucky Colleges of Pharmacy, Sullivan University College of Pharmacy, Assistant Professor (voluntary faculty) Department of Oral Health Sciences, and University of Kentucky College of Dentistry.



**Mr. Phil Herndon, MA, LPC-MHSP, NCC**, uses a dynamic approach to help his clients recover their hearts and redeem their stories. His therapeutic approach is grounded in the Spiritual Root System™. He also integrates perspectives from Judeo-Christian traditions, existential philosophy, and pastoral care. He completed graduate school in 1992 with Master of Arts degrees in counseling and religious education. He served as a pastor in Texas for 15 years until joining Center for Professional Excellence in 2005 where he served as clinical director until 2020 when he entered private practice in Murfreesboro, TN.



**Dr. Dale Kennedy** is a 1978 graduate of UT Memphis School of Dentistry and a member of the PSI Chapter of OKU. Dr. Kennedy maintains a private practice in Athens, Tennessee. He is the current President of the Tennessee Dental Wellness Foundation. Dr. Kennedy is a member of ADA, TDA, AGD, Fellow in the American College of Dentists, Past-President of the American Academy of Dental Practice and a Past-President of the East Tennessee Academy of Dental Practice Administration.



**Dr. Brent Boyett** was trained as a general dentist and is board certified in Family Medicine as a physician. He practiced both dentistry and primary care medicine until he discovered his passion in the field of addiction medicine in 2008. He is board certified in Addiction Medicine and has distinguished himself as a speaker, researcher and thought leader in the field of addiction medicine. Recognizing the extreme unmet need for access to outpatient addiction treatment, Dr. Boyett established Pathway Partners Addiction Medicine, now known as Pathway Healthcare, an evidence-based model for outpatient treatment of addictive disorders. Dr. Boyett is now the former CMO of Pathway Healthcare. Dr. Boyett continues to practice clinical addiction medicine as the CMO of Bradford Health Services at the Madison, Alabama location.



**“Burn the Ships”**

## Tennessee Dental Wellness Foundation

**Dr. Mac 2021 Retreat**  
Friday, October 8, 2021  
Saturday, October 9, 2021

### HOTEL

**Embassy Suites Nashville SE,  
Murfreesboro**

1200 Conference Center Boulevard  
Murfreesboro, TN 37129

Register by calling (615) 890-4464

To obtain the group rate go to our website: [www.tndentalwellness.com](http://www.tndentalwellness.com) and click the tab “Events”. You will find the link there.

Rooms are \$149.00 (plus tax per night)

This rate is reserved until Sept. 7, 2021

### YOUR RETREAT DONATION

**Dentists**  
\$185.00

**Dental Hygienists or Assistants**  
\$85.00

**Speakers, Board Members & their guests  
or Sponsors**  
No donation requested

All spouses/significant others are encouraged to attend and included at no charge.

Please go to our website to register and submit registration fee:

**[www.tndentalwellness.com](http://www.tndentalwellness.com)**

Scholarships for retreat are available on an “as needed basis.” To apply email Heather at: [heather@tndentalwellness.com](mailto:heather@tndentalwellness.com)