

TENNESSEE DENTAL WELLNESS FOUNDATION 2022 DR. MAC RETREAT

This Year's Theme:
"Stay in the Moment"

Friday and Saturday,
Sept 30th & Oct 1st
Embassy Suites Hotel
Murfreesboro, Tennessee



*Our retreat is approved
for 6 hours of continuing
education including
Substance Use Disorder /
Prescription Writing*

2022 Dr. Mac Tennessee Dental Wellness Foundation (TDWF) Retreat September 30 & October 1

This retreat is exclusively for dental professionals and their spouse/guest. It will revolve around a theme of family and the disease of chemical dependency.

You will have an opportunity to meet dental professionals from around the state, as well as Directors of our TDWF Board.

NOTICE: All individuals under contract with the TDWF are required to attend.

Message Suzanne on your app or email Suzanne, assistant to the Executive Director with the TDWF, with any questions at info@tndentalwellness.com.

PROGRAM Friday, September 30, 2022

4:00 - 4:30 **Registration**

4:30 - 5:15 **Dr. David Sain**
Welcome and Theme *"Stay in the Moment"*

5:15 - 6:30 **Mr. Lyle Prowse**
My Story: *"Final Approach"*

6:30 - 7:30 **Dinner** (Included)
Five year token celebration & book signing

7:30 - 8:45 **Dr. Larry Brewer**
My Story

8:45 - 9:00 **Dr. David Sain**
Closing and Saturday's Agenda

PROGRAM Saturday, October 1, 2022

6:30 - 7:30 **Dr. Ron Wright**
AA Meeting

7:30 - 8:00 **Breakfast**
(Included with hotel stay)

8:00 - 8:15 **Dr. David Sain**
Welcome and Today's Agenda

8:15 - 9:30 **Dr. Chip Dodd**
"Voice of the Heart"

9:30 - 9:45 **Break and Book Signing**

9:45 - 11:00 **Dr. David Tiner**
"Shame and How it Shapes Us"

11:00 - 12:15 **Dr. Bill Claytor**
*"Discussing Problematic use of Drugs
or Alcohol with Patients, Staff
and Colleagues"*

12:15 - 1:30 **Lunch**
Discussion of Volunteer Contracts

1:30 - 2:45 **Dr. Greg L. Jones**
"Alcohol, Still the Number 1 Offender"

2:45 - 3:00 **Break**

3:00 - 4:15 **Dr. Daniel Sumrok**
"The Opioid Crisis"

4:15 - 4:30 **"Stay in the Moment",
pick up CE slips and dismiss**

Chip Dodd, PhD grew up in Murfreesboro, Tennessee. He received his PhD in Counseling from the University of North Texas in 1990. For 23 years, Chip was the Executive Director of the Center for Professional Excellence (CPE), which he founded in 1996. CPE was a treatment center for professionals.

In 2003, Chip founded Sage Hill: A Social Impact Organization, dedicated to helping people see who they are made to be, so they can do what they are made to do. Both the Center for Professional Excellence and Sage Hill have their foundations built on the [Spiritual Root System](#). Chip has authored a number of books including, [The Voice of the Heart](#), [The Perfect Loss](#), [Needs of the Heart](#), [Keeping Heart](#), [Anthem to the Invisible](#), and [Parenting with Heart](#).



David Tiner, DDS, MMFT, LMFT, after nearly 20 years of practicing dentistry, a personal crisis led Dr. Tiner to embark on a new journey. His desire to understand how things worked expanded to include the realm of the emotions, the realm of the heart. He primarily works with individuals or couples struggling with addiction, life trauma or marriage and family problems. He has extensive training in shame, internal family system and Eye Movement Desensitization and Reprocessing. David Served three years active duty in the US Navy and seven years in the US Naval Active Reserves as a dental officer.



J. William "Bill" Claytor, Jr., DDS, MAGD graduated from the University of North Carolina School of Dentistry and completed a two-year General Practice Residency at the Medical University of South Carolina, earned a certificate in Chemical Dependency Counseling from Union College. He is a consultant and Board Member of the Dental Well-Being Advisory Committee of the American Dental Association in Chicago, and lectures in North Carolina and the U.S. on the Opioid Epidemic, the Marijuana Dilemma, Burnout, Perfectionism and Addiction. Bill is currently the director of the North Carolina Caring Dental Professionals.



Greg L. Jones, M.D. earned his medical degree from the Medical College of Georgia in Augusta in 1980. His Family Practice training was in Anniston, Alabama. During his years in Anniston, he was President of the Alabama Academy of Family Physicians and the Director of the Residency program. He completed an Addiction Medicine Fellowship at Willingway Hospital in Statesboro, Georgia. He is the current Medical Director Emeritus of the Kentucky Physicians Health Foundation. He was Board Certified in Family Medicine by ABFM and in Addiction Medicine by ABAM.



Daniel Sumrok, MD, FAAP, ABAM, ABPM, DFASAM, joined the University of Tennessee College of Medicine in 2015 as an assistant professor. Currently Dr. Sumrok is the medical director at Cornerstone of Recovery in Knoxville, Tennessee and provides MAT services at Cedar Recovery in Mount Juliet, TN. Dr. Sumrok was one of the first 106 doctors in North America to be recognized as a diplomate in Addiction Medicine. He lives in McKenzie, Tennessee, retired from a 30 year family medicine, obstetrics, and addictions practice there, as well as at UTHSC. He is former pastor of Eastwood Baptist Church in McKenzie.



"Stay in the Moment!"



Tennessee Dental Wellness Foundation

Dr. Mac 2022 Retreat
Friday, September 30, 2022
Saturday, October 1, 2022

HOTEL

**Embassy Suites Nashville SE,
Murfreesboro**
1200 Conference Center Boulevard
Murfreesboro, TN 37129

To register for retreat and obtain the group rate go to our website:
www.tndentalwellness.com
and click the tab "Events".
You will find the link there.

Rooms are \$154.00 (plus tax per night)
This rate is reserved until Aug. 30, 2022

YOUR RETREAT DONATION

Dentists
\$185.00

Dental Hygienists or Assistants
\$85.00

**Speakers, Board Members & their guests
or Sponsors**
No donation requested

All spouses/significant others are encouraged to attend and included at no charge.

Please go to our website to register and submit registration fee:
www.tndentalwellness.com

Scholarships for the retreat are available on an "as needed basis."
To apply email Suzanne at: info@tndentalwellness.com