

TENNESSEE DENTAL WELLNESS FOUNDATION 2023 Doc Mac Conference

This Year's Theme:

"Spirituality in Recovery"

Friday and Saturday,
September 29th & 30th

DoubleTree Hotel
Murfreesboro, Tennessee



***Our conference is approved
for 6 hours of continuing
education including
Substance Use Disorder and
Prescription Writing***

2023 Doc Mac TDWF Conference September 29th & 30th

This conference is exclusively for dental professionals and their spouses/guests. It will revolve around a theme of family and the disease of chemical dependency.

You will have an opportunity to meet dental professionals from around the state, as well as Directors of our TDWF Board.

NOTICE: All individuals under contract with the TDWF are required to attend.

Call our office with any questions at
(615)628-3200 or email:
info@tndentalwellness.com.

PROGRAM

Friday, September 29, 2023

4:00 - 4:30 Registration

4:30 - 4:45 Dr. David Sain Welcome

4:45 - 5:45 Dr. Otto Slater's Story

5:45 - 6:30 Dinner (provided)

6:30 - 8:00 Dr. David Sain
"Spirituality in Recovery"

8:00 - 8:15 Tokens/Closing

Saturday, September 30, 2023

6:30 - 7:30 Dr. Ron Wright

AA Meeting

7:30 - 8:00 Breakfast (provided)

8:00 - 8:15 Dr. David Sain

Welcome and Today's Agenda

8:15 - 9:30 Dr. Greg Jones

"Substances To Avoid In Recovery"

8:15 - 9:30 Phil Herndon

Break Out Session for

Spouses/Significant Others

9:30 - 9:45 Break

9:45 - 10:45 Dr. Tim Bakelaar's Story

10:45 - 12:00 Mike Eiden

"Screen Addiction and Attachment"

12:00 - 1:30 Lunch (provided)

"Discussion of Volunteer Contracts"

1:30 - 3:00 Brittany Laborde

"Opioids, Stimulants and Overdose
Prevention Specialist (ROPS)"

3:00 - 3:15 Break

3:15 - 4:30 Dr. Chip Dodd

"Needs of the Heart"

David R. Sain, D.D.S., M.S. obtained a Doctor of Dental Surgery degree at the University of Tennessee Dental School. Dr. Sain completed his formal dental education in 1982 with a master's degree in orthodontics. He practiced orthodontics for 35 years, served on TDA's Wellness Committee for 14 years and served as the Chairman for 10 years. Currently serves as the Executive Director of the Tennessee Dental Wellness Foundation. He has served on two of Governor Haslam's Commissions; including the "Tennessee Commission on Pain and Addiction Medicine Education." He has had articles published concerning substance use disorder as well as orthodontics.



Greg L. Jones, M.D. earned his medical degree from the Medical College of Georgia in Augusta in 1980. His Family Practice training was in Anniston, Alabama. During his years in Anniston, he was President of the Alabama Academy of Family Physicians and the Director of the Residency program. He completed an Addiction Medicine Fellowship at Willingway Hospital in Statesboro, Georgia. He is the current Medical Director Emeritus of the Kentucky Physicians Health Foundation. He was Board certified in Family Medicine by ABFM and in Addiction Medicine by ABAM.



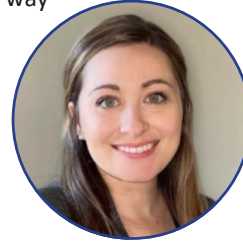
Phil Herndon, MA, LPC-MHSP, NCC, uses a dynamic approach to help his clients recover their hearts and redeem their stories. Phil works with individuals who have lost their way through addiction, anxiety, depression, struggles with spirituality, or burnout to walk them through the tumultuous and scary times that are so common to the human experience. He completed graduate school in 1992 with a Master of Arts degree in counseling and religious education. Phil is the Clinical Director and co-owner of River Tree. Phil lives in Murfreesboro with his wife, Sheila, and they have one son, Luke.



Mike Eiden LCSW, LCADC, CSAT, CCS is a licensed clinical social worker, licensed clinical alcohol and drug counselor, and certified sex addiction therapist who is a graduate of the University of Louisville's Kent School of Social Work. Mike has worked in mental health and substance abuse treatment for the past 10 years in both inpatient and outpatient settings. Mike is currently a PhD candidate at the International Institute of Clinical Sexology.



Brittany Laborde, ROPS earned a Bachelor of Science in Health Promotion and Wellness from the University of Louisiana at Lafayette. Her personal experience with family members struggling with addiction and past professional experience working for the Tennessee Department of Health paved the way to her current involvement in helping those in her community who struggle with substance use disorder. She currently works for the Tennessee Department of Mental Health and Substance Abuse Services as a Regional Overdose Prevention Specialist (ROPS).



Chip Dodd, PhD, is a mentor, consultant, author, and counselor who has been working in the field of relationship and recovery for over 30 years. He received his PhD in counseling from the University of North Texas in 1990. Soon after, he developed the Spiritual Root System. In 1996, Dr. Dodd founded a Nashville based treatment center, which he led for more than 20 years. Since 2019, he has been fully devoted to mentoring, consulting, and counseling. Dr. Dodd is the author of eight books, including The Voice of the Heart, The Perfect Loss, and How Are You Feeling Today? Chip and his wife, Sonya, have been married for nearly 40 years and they have two grown sons.



Tennessee Dental Wellness Foundation 2023 Doc Mac Conference

Friday, September 29, 2023
Saturday, September 30, 2023

Dentists
\$205.00

Dental Hygienists or Assistants
\$95.00

Spouses/significant others are encouraged to attend at the reduced fee of \$45.00



Please go to our website to register for conference and hotel:
www.tndentalwellness.com

Scholarships for tuition are available on an "as needed basis." To apply, message us on your JourneyPure app.

HOTEL

DoubleTree by Hilton, Murfreesboro
1850 Old Fort Parkway
Murfreesboro, TN 37129

Rooms are \$134 to \$154 per night
(plus tax)

This rate is reserved until August 30, 2023.