

# PROGRAM

**6:30 - 7:30**

*AA Meeting*

**7:30 - 8:15 Registration and Breakfast**  
*(provided)*

**8:15 - 8:30 David Tiner, DDS, LMFT**  
*Welcome and Today's Agenda*

**8:30 - 9:15 David Tiner, DDS, LMFT**  
*Anxiety isn't the enemy*

**9:15 - 10:15 Dr. Jenny's story**

**10:15 - 10:30 Break**

**10:30 - 12:00 Amanda W. Myers, PhD, LMFT**  
*Circles of Intimacy, Responsibility, & Impact:  
A Murray Method Perspective*

**12:00 - 12:45 Lunch (provided)**  
**David Tiner – Prescription Writing**

**12:45 - 1:45 Dr. Spencer's story**

**1:45 - 3:00 J. William "Bill" Claytor, Jr.,  
DDS, MAGD-LLSR, FACD**  
*Perfectionism in Dentistry: Your Friend or Foe?*

**3:00 Closing, Tokens, CE Certificates**

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This conference is exclusively for dental professionals that are under contract, alumni of the TDWF, and their spouses/guests. It will revolve around a theme of **"Trusting the Process."**

Call our office at (615) 628-3200 with any questions, or email:  
**info@tndentalwellness.com**

**David E.Tiner, DDS, LMFT** – After nearly twenty years of practicing dentistry, a personal crisis led Dr. Tiner to embark on a new journey. His desire to understand how things worked expanded to include the realm of the emotions, the realm of the heart. He spent the next twenty years working with individuals and couples struggling with addiction, life trauma, or marriage and family problems. David served three years active duty in the U.S. Navy and seven years in the U.S. Naval Active Reserves as a dental officer. Currently he is the Executive Director of the TDWF.



**Dr. J. William "Bill" Claytor, Jr., DDS, MAGD-LLSR, FACD** is a nationally recognized dental professional with expertise in general dentistry, substance use disorders, mental health, and burnout prevention. Since 2022, he has served as Executive Director of North Carolina Caring Dental Professionals. He is also, a Key Opinion Leader for Dentsply Sirona and a visiting faculty member at Spear Education in Scottsdale, Arizona. He is dedicated to advancing mental health and well-being in the profession, Dr. Claytor is a respected voice, consultant, and educator in dentistry.



**Amanda W. Myers, PhD, LMFT** completed her Marital and Family Therapy training in Louisville, KY. She earned her doctorate in Family Sciences from the University of Kentucky and holds Level II certification in The Murray Method. Dr. Myers maintains a private practice in Murfreesboro, TN and also serves as a school counselor at Providence Christian Academy.



Tennessee  
Dental Wellness Foundation  
2026 Doc Mac Sain Conference

Saturday, August 29, 2026

Dentists  
\$225.00

Dental Hygienists or Assistants  
\$95.00

Spouses/significant others are encouraged to attend at the reduced fee of \$50.00



Please go to our website to register for the conference:

[www.tndentalwellness.com](http://www.tndentalwellness.com)

Scholarships for tuition are available on an "as needed basis." To apply, email us at [info@tndentalwellness.com](mailto:info@tndentalwellness.com)

### HOTEL

Embassy Suites by Hilton, Murfreesboro  
1200 Conference Center Blvd.  
Murfreesboro, TN 37129

Please contact the hotel directly for reservations: 615-890-4464

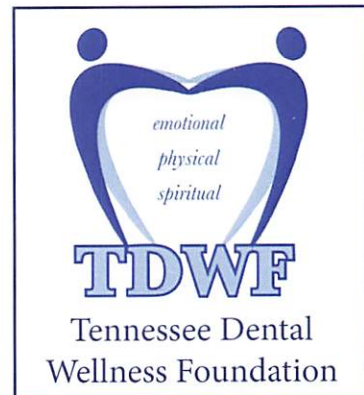
# TENNESSEE DENTAL WELLNESS FOUNDATION

## 2026 Doc Mac Sain Conference

This Year's Theme:  
*"Trusting the Process"*

Saturday  
August 29, 2026

Embassy Suites Hotel  
Murfreesboro, Tennessee



*Approved for 6 hours of  
continuing education including  
Substance Use Disorder*